



## Visitation Prayer

O Virgin of the Visitation,  
compelled by the Holy Spirit,  
and with Jesus hidden beneath your Heart,  
you arose in those days and, with haste,  
went to your kinswoman Elizabeth,  
to serve her in her time of need.  
Elizabeth acknowledged your faith,  
and a new song came to flower on your lips;  
thus did you magnify the Father  
whose mercy is from generation to generation.

Visit us now, O Mother of Our Lord,  
and obtain for us a quickening of prophetic grace,  
that we may serve our sisters in faithfully loving the Church,  
and love the Church in humbly serving our sisters,  
and so, under your gracious protection,  
again and again repeat your words:  
“Behold, I am the handmaid of the Lord;  
be it done unto me according to your word.”  
O clement, O loving, O sweet Virgin Mary!